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The 30-Day Kindness
Challenge - Shaunti Feldhahn

30-Day Kindness Challenge
with Shaunti Feldhahn Small
group study for The Kindness

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Challenge, Session 1 **Have Your Small Group Start the 30 Day Kindness Challenge**

~~Kindness Journal Day 1~~ "The Kindness Challenge: Thirty Days to Improve Any Relationship" Broadcast

(3/31/2017) ~~Book Trailer:~~

~~THE KINDNESS CHALLENGE~~ by

~~Shaunti Feldhahn~~ 30 Day

Kindness Challenge The

Kindness Challenge - Part

One *30 Day Kindness*

Challenge Day:1 **Lead a Small**

Group in The 30 Day Kindness

Challenge Sign up for the

30-Day Kindness Challenge!

30 Day Kindness Challenge

The Kindness Challenge ~~Small~~

~~group study for The Kindness~~

~~Challenge, Session 3~~

Small group study for The

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Kindness Challenge, Session
2 Day 20 of the 30 Days of
Kindness Challenge! *Day 1 of
the 30 days of kindness
challenge! WES TPA Kindness
Challenge 2015* ~~The Kindness
Challenge Thirty Days~~

But when I first tried
Shaunti Feldhahn's 30-day
Kindness Challenge – to say
nothing negative to or about
that person, to praise that
person for one thing, and to
do one small kindness

(Every. Day. for Thirty.
Days.) – I learned that the
power of kindness is a
simple truth, but it's not
easy. But not to worry! In
her new book, Shaunti leads
us through the 30-Day
Kindness Challenge by

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Relationship
challenging our preconceived
notions about how negative
we really are (ouch!) and
shows us ways to be ...

~~The Kindness Challenge:
Thirty Days to Improve Any
...~~

The 30-Day Kindness
Challenge. Three steps that
transform any relationship.
Are you as kind as you think
you are?

~~The 30-Day Kindness
Challenge~~

Then, when you actually do
the 30-Day Kindness
Challenge, you can track
your learning and progress,
as well as how the other
person responds, and get

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advice from others. As you continue to apply that learning, you will improve how you approach that person, make adjustments, track his or her reactions to those adjustments, and so on.

~~The Kindness Challenge:
Thirty Days to Improve Any
...~~

Print the #30Days of Kindness Challenge post it somewhere you'll be sure to see it. Make time for each day's challenge. If you need to swap days or complete multiple tasks on the weekend, that's OK. The goal is to complete one each day, but be flexible, and make

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~~30 Day Kindness Challenge—
Doing Good Together™~~

The 30-Day Kindness Challenge is a much-needed movement of kindness led by many influential organizations. 89% of relationships improve if you pick a person with whom you want a better relationship; then for 30 days: Say nothing negative about that person - either to them or about them to anyone else.

~~What is the 30 Day Kindness
Challenge?~~

From our partner Shaunti
Feldhahn, the "30-Day

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Kindness Challenge" is a movement of kindness you can implement in your church using the free guides and resources below. Based on her book *The Kindness Challenge*, the "30-Day Kindness Challenge" is a day-by-day system for improving the relationships in your church that matter most. Attenders will be able to choose a person to focus on for the ...

~~30 Day Kindness Challenge
Partner Kit | Events |
Shaunti ...~~

STAR 93.3 is doing The
30-Day Kindness Challenge
from Shaunti Feldhahn's
latest book, *The Kindness*

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Challenge, and we are inviting you to join us! Pick someone that you want a better relationship with. Sign up for the 30-Day Kindness Challenge email. Each day for the next 30 days do three things: Don't say anything negative about that person - either to them, or about them to someone else!

~~30 Day Kindness Challenge —
STAR 93.3~~

The Kindness Challenge - How It Works We put together 30 random acts of kindness for kids and divided them over a 4-week period. The weekday tasks tend to be simple acts of kindness your child can

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Days To Improve Any
Relationship
do on their own, while
weekend tasks usually
require the assistance of a
parent. This is by design!

~~Random Acts Of Kindness For
Kids: 30 Day Challenge!~~
Beenke

Here are some acts of
kindness to included on the
challenge list: Compliment
someone Leave a treat for
the mailman Buy a gift card
for the person behind you in
line Make baked goods for
the neighbors Buy the person
behind you coffee Smile at
someone Donate unused toys
to those in need Leave a 50%
or ...

~~30 Day Acts of Kindness~~

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But when I first tried Shaunti Feldhahn's 30-day Kindness Challenge – to say nothing negative to or about that person, to praise that person for one thing, and to do one small kindness (Every. Day. for Thirty. Days.) – I learned that the power of kindness is a simple truth, but it's not easy. But not to worry! In her new book, Shaunti leads us through the 30-Day Kindness Challenge by challenging our preconceived notions about how negative we really are (ouch!) and shows us ways to be ...

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~~Amazon.com: Customer reviews: The Kindness Challenge ...~~

In The Kindness Challenge, innovative researcher Shaunti Feldhahn reveals three simple steps proven to make any interaction better and any relationship thrive. Doing these simple acts for thirty days not only has the power to change the other person - it has the power to change you!

~~The Kindness Challenge - Shaunti Feldhahn~~

Teens start a 12 Days of Kindness Challenge to help spread joy during the holiday season. The group is called T.E.A.S.E., teen

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educators against social
exploitation.

~~Teens spread joy with 12
Days of Kindness Challenge~~

~~...~~

The Kindness Challenge is a practical tool that will transform the way you view- and treat-others as you make it your habit to praise rather than pester, to impart kindness rather than criticism, and to treat others with generosity and dignity, just as Jesus did.

~~The Kindness Challenge:
Thirty Days to Improve Any~~

~~...~~

Day. for Thirty. Days.) – I learned that the power of

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Relationship
Kindness is a simple truth,
but it's ...

~~Amazon.com: The Kindness
Challenge: Thirty Days to
Improve ...~~

The Kindness Challenge:
Thirty Days to Improve Any
Relationship did not
disappoint. The principle is
simple. Make three major
changes in how you probably
are treating others -
especially those who annoy
you - and watch how God
works in the relationship.

~~Amazon.com: Customer
reviews: The Kindness
Challenge ...~~

Focusing on kindness towards
that person for 30 days

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Days To Improve Any
Relationship
should lead to the healing
of the relationship, the
building of bridges, and/or
you having a more positive
attitude towards that
person. While this isn't a
marriage book, there is a
lot of talk about
husband/wife relationships.

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Thirty Days to Improve Any~~
...

Download, print and take the
Post-Challenge Self-
Assessment after you
complete the 30-Day Kindness
Challenge. Download. Want
more Online Assessments?
Online assessments to learn
your Negativity Profile,
Praise Profile, Generosity

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Days To Improve Any
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Profile can only be accessed
by those doing the Kindness
Challenge Study or the 30
Day Kindness Challenge.

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